

**Heart Care Partnership
(UK)**

DECEMBER 2006

NEWSLETTER

HCP UK are grateful for input to the Newsletter, please contact

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Affiliated to the British Cardiovascular Society

Presidents Message

David H Geldard, President of Heart Care Partnership UK



Welcome to another edition of our Newsletter and a hint of what's going on in the cardiovascular field.

As seems to have been the case for the last seven years, the pace for change has not slackened; it is even more dynamic and sometimes bizarre. In terms of PPI, the generic national and local arrangements are again under review and we need to keep up with it so that our area of interest is not sidelined.

From the paediatric and GUCH perspectives our Trustee Board is well represented, and the interest of mainstream CVD activity covered with the Cardiac Networks providing four trustees. However, at this moment, the fate of the Networks is under threat and we are providing evidence to demonstrate that the positive changes they have wrought in CVD service delivery are matched by their commitment to patient involvement and empowerment. The Networks, more than anything else, have applied the pressure to promote the acceptance of patients as regular members of all service delivery planning and implementation for CVD. We shall see what the New Year brings.

The DofH Heart Team, too, has been busy of late. CHD broadened to Cardio Vascular Disease and when there was a hint that Stroke might be included in this Directorate we lobbied Ministers that Professor Roger Boyle was the People's Choice to lead up such a new Division. I must say that at that time, and I have just paused and checked the correspondence, the Minister's response was that Stroke would be under joint leadership. That was on the 20 December 2005. We can, therefore, take some satisfaction that we might not have laboured in vain as that decision was soon reversed and the nominee we strongly proposed took the position of National Clinical Lead for CVD and Stroke. Within that new Directorate, Leonard Levy, who is secretary of the CHD Primary Care and Heart Failure Programme Board, has also been charged with leading the Directorate's thrust on PPI. Liz Clarke and Ken Timmis are the PPI representatives on that Board. As so many CVD patients are at risk of stroke we, too, are assessing these implications in our overall strategy.

Congratulations to the British Heart Foundation on their current, "have a chest pain-dial 999", campaign. This is a public campaign for which we have lobbied within the DofH. It will be interesting to track back the decision making in this regard. Certainly the welcome appointment of Dr Michael Knapton to the newly established post of Director of Prevention and Care at the BHF will, no doubt,

have expedited this rollout. The BHF have also invested in change to meet current challenges and acknowledge the great confidence the British Public has in their cause. Take a look at their website and check out their new Executive and Trustee Boards. You will recognise some familiar names, including our own Jane Flint, who sits on both, as well as the President and the President-Elect of the BCS. There is really a sense that the BHF now wants to involve patients in the development of their work rather than keep them at a distance and do good things to them. By my calculation their available spend is double what it was five years ago. They are also challenging on the rehabilitation front, especially through the National Audit for Cardiac Rehabilitation, which they part-fund, yet which is poorly supported by the field. Without this audit the scale of the shortfall cannot be determined.

We had hoped that we could include further presentations on paediatrics and GUCH at next year's BCS Annual Scientific Conference. We will, sadly, have to defer that, as our other ambition to embrace Women's Cardiac Health in cooperation with other interested BCS Affiliated Groups has taken far more time to organise than we had ever imagined. This, of course, provides us with very useful experience for future cross-specialism presentations.

I am very conscious of the fantastic work and progress that Trudie Lobban of the Arrhythmia Alliance and Anne Jolly of SADS UK have made, especially in the Grand Tour of their Chapter 8 Workshops all around England earlier in the year. A House of Lords Reception to start off their Awareness Week. Followed in October by another Reception in the same House of Lords, by Suzie Hutchinson on behalf of Little Hearts Matter. This is a very fast pace for HCP (UK) to follow, but they are great examples.

Susannah Gray, our administration officer at BCS HQ, leaves us at Christmas having been poached by the BMA!! Susannah has nursed us along through what seems a long infancy and we shall certainly miss her efficient and appropriate advice. We thank her most sincerely for the effort she has made on our behalf and wish her well with the Nation's junior doctors for whom she will now have responsibility.

To our Network companions who have recently joined us, you will note that we are active in your interests. We are striving to improve our communications and contacts and any advice or assistance will be most welcome. I certainly do sense that we will be in touch early in the New Year, if any changes regarding network arrangements are proposed.

Keep up the good work, boys and girls.
Happy Christmas and a Healthy New Year.

***Kindest Regards, David Hugh Geldard,
President, Heart Care Partnership (UK)***

HCP UK President David Geldard, the founder and participant in the Over the Edge bike ride which was organised to raise funds for the British Heart Foundation, receives the Arthur Smith Memorial Shield.

UNSUNG CYCLING HEROS CELEBRATE DEDICATION AND DETERMINATION

Bikers' pedal power puts charity Over the Edge

DEDICATION and determination to raise funds for the British Heart Foundation combined with a sheer love of cycling saw some 300 people take part in this year's Over the Edge bike ride.

At the annual presentation evening on Monday tributes were paid to all those who took part, as well as the large staff of people who worked for its success, including refreshment personnel and route marshals.

Over the Edge was started by Trans-Pennine Cycling Club founder David Geldard following his 1996 cycle expedition from Jerusalem to Eilat to raise money for the BHF.

The Pennine cycle challenge was set up by him and fellow club member Colin Fielding and three routes - bronze, silver and gold - of increasing difficulty were devised.

Such was its success, the ride was turned into an annual event at the suggestion of Brian Beal, a former editor of the Observer and this year was the eighth ride.

Opening the presentation evening at Woodworths Sports Club, which was attended by the mayor, Councillor Jean Hornby, Trans-Pennine Cycling Club chairman Philip Dean hailed another successful event.

A number of awards followed, including presentations to registrars, starters, refreshment providers and marshals on the route.

There were also awards for the Observer, Wards Spring Water, Rochdale Trophy Centre, Hollingsworth Lake Visitor Centre, Viking Trailers, Rochdale Car and Van Hire, Littleborough police, Asda, Rochdale, Rochdale Harriers, Middleton Harriers, Rochdale Triathlon Club and BMBC for their continued support over the years.

by Diane Leach

There were awards to the top fund-raisers and among these were the Dawes Family Practice (2049) and Philip Bennett (2000).

There were also accolades for Brian Beal, Jack Kirk, president of Middleton Harriers and Colin Robinson, who have each taken part in all eight Over the Edge rides and Joe Salt, Rochdale Harriers' chairman.

Rochdale Council officer Ian Griffiths said the cycling challenge was a very important event, not least for promoting a healthy lifestyle.

John Brown, regional officer for BHF, said the bike ride was a great tribute to everyone involved.

He added: "The feedback we get is that it is the best organised ride to be involved in."

"The date for next year's event is 13 May."

The Taylor Trophy was presented to the Dawes Family Practice, while the Arthur Smith Memorial Shield was presented to David Geldard.

Health "sean" Dr Susan Babba and Jane Short received the trophy from the Greater Manchester and Cheshire Cardiac Board.

The highlight of the evening was the presentation of the Coeur De Lion, the highest accolade.

Recipient Paul Kelly had cycled the course just once, but twice - the first time to test it out - while having chemotherapy treatment for cancer.

The mayor said: "While I was aware of the ride beforehand it was not in any detail."

"It could not take place without the organisation you have here and all these awards have been very well earned."



PEDAL power stalwarts ... (top) Colin Robinson, Brian Beal, Jack Kirk and Joe Salt. CB44371
● UNSUNG hero ... above, David Geldard receives the Arthur Smith Memorial Award from Catherine Smith, watched by the mayor, Councillor Jean Hornby. CB44378



AWARD night ... David Geldard, Colin Fielding, Paul Kelly, the mayor, Philip Dean and Ian Griffiths. CB44371

By kind Permission Rochdale Observer

**HCP UK AGM, September 20th 2006 –
Held at the First UK Heart Rhythm Congress 2006, Solihull**



HCP UK President David Geldard, Beccy Holmberg, BCS Industry Liaison Committee & Professor Roger Boyle, National Director of Heart Disease



Professor Roger Boyle, Beccy Holmberg and Peter Diamond, HCP UK Trustee



Dr Jane Flint and Peter Diamond, HCP UK Trustees



Professor Roger Boyle, National Director of Heart Disease, Suzie Hutchinson & Carol Reilly, HCP UK Trustees

Beccy Holmberg from the British Cardiovascular Society Industry Liaison Committee gave a very interesting presentation at the AGM, giving a UK perspective on the relationship between industry and cardiology and how effectively they can work together.

Patient and Carer Partnership Meeting, 14th November

Arthur Kenneth Timmis MBE JP LCIE



In Wolverhampton, as part of the joint Cardiac/Stroke initiative, we used our half yearly Patient and Carer Partnership Meeting (14th November) to bring together cardiac and stroke patients and carers and provided presentations to suit and inform both.

The event was a tremendous success with 109 in attendance, and the meeting can now be used as a launch pad for the initiative in Wolverhampton as well as the Black Country as a whole.

We had presentations on ICD's, Stroke, TOE machines (we have just contributed £50,000 towards the purchase of one). There was a light hearted quiz ("Come on Down" style) on the cost of surgical equipment in the NHS and the day was rounded off by a talk by Leonard Levy of the Department of Health on his work and the cardiac/stroke initiative.

Everyone enjoyed the day (and the food provided) and came away with a greater insight into the services provided now and to be provided in the future.

'A Life in the Week ... and A Poem for the Day'

Jane Flint BSc MD FRCP Trustee HCP UK



Thursday 16th

Approaching the end of a week on emergency call for Cardiology I am delighted to see my SpR organizing the 'front door' round to enable me to attend British Heart Foundation Council in the afternoon. A strategic review is presented placing patient and carer concerns at the center of priorities. I am telephoned the next morning to invite my input to the 'Prevention and Care' document.

Friday 17th

Black Country Cardiac Network 'pre-Board' meeting notes the success of our recent innovative Cardiovascular Patient and Carer Partnership meeting with the Department of Health helping to redesign Stroke care pathways. Today I have to support my SpR in reaching the 'front door' round before I go to clinic.

Saturday 18th

The Independent reports the withdrawal of Arts Council funding of Poems in the Waiting Room. I recall the novelty on the Underground, and will look at the possibility for my clinic. Use of the arts to support people at critical times must be extended. I print off my briefing papers and Q&A sheet from the British Heart Foundation in preparation for the 'Chest Pain – Doubt Kills' campaign for Monday's launch.

Sunday 19th

Family weekend including sorting boys' new rooms, CBSO concert at Symphony Hall and day out, taking my 'Poem for the Day' anthology by Wendy Cope, described I remember reading as a favourite Christmas present. I have certainly enjoyed the varied poetry, not found the time to memorize as suggested, but a guaranteed source for reading a suitable verse to my mother with Alzheimer's. I have never failed to be impressed when I have read a poem to her and evidently touched a long time yet lesser lost memory and she has joined me in a short quotation.

Monday 20th

A 'Cardiac Disease in Pregnancy' workshop at the Royal College of Obstetricians and Gynaecologists, the last of a series of meetings we shall be using to make recommendations to the British Cardiovascular Society and our joint session on 'Working Together for Women's Heart Health' at next year's Annual Scientific Conference. I am relieved not to be called for interview on the 'Chest Pain' campaign during today's excellent meeting.

Tuesday 21st

Back to my routine week with a catheter list but the BHF calls regarding a possible BBC interview on Friday. I offer a telephone interview from the Midlands but know my commitment that morning I have promised to a Trust Management event discussing new ways of working. I dictate among my correspondence a letter accepting an invitation to attend a pre-Christmas gathering of HUGS, our local heart patient support group.

Wednesday 22nd

A full clinic day but have promised to be thinking about spicing up our titles for next year's ASC session in which HCP UK is a key player. Early afternoon as my morning clinic draws to a close, my team is presented with a pioneering time and motion analysis to try and optimize the clinic template, space and staffing. I did volunteer for this!

Thursday 23rd

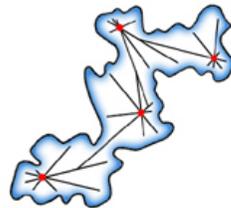
Patient concerns as well as financial ones do play a part in the management event, and I ensure that at least my service redesign working group will include a patient from HUGS – it is a lesson for my surgical and anaesthetic colleagues! 'Good doctors, safer patients' in action!

First Network Cardiovascular Patient and Carer Partnership

Carol Reilly EN, DEN, RGN, DN, DIP, FEATC, PGCE Cert. Ed. Po CET



Black Country Cardiac Network



This successful event was held on Tuesday 3rd October 2006, Bescot Stadium, Walsall. Leonard Levy, Vascular Programme, and Stroke Teams from the Department of Health, local teams and a patient representative were speaking on the day. The day was a forum for patients and carers to consult on the National Stroke Strategy and to share experiences and learning across heart disease and stroke. The work and action plan is being taken forward by a Cardiovascular Steering Group which has been set up by the Black Country Cardiac Network working in conjunction with stroke and heart disease teams, patients and carers, Greater Manchester and Cheshire Cardiac Network, Peninsular Cardiac Network and the Department of Health.

Second Network Cardiovascular Patient and Carer Event

The next event is being held on Friday 9th February 2007, Molineux Centre, Wolverhampton. Harry Cayton, National Director for Patients and the Public has been invited as keynote speaker. The programme is being planned by patient and carer leads, presentations will be undertaken by patients and carers on their 'best practice and achievements'.

Arrhythmia Alliance Reception at Westminster

Trudie Lobban, Founding Trustee & Chief Executive, Arrhythmia Alliance



Anne Jolly SADS UK, Carole Ellis AA, Maura Buchanan, Deputy President Royal College of Nurses and Trudie Lobban, Founding Trustee of the Arrhythmia Alliance

A Parliamentary Reception was held at Westminster on 8th November 2006 to celebrate the success of the Arrhythmia Alliance Awareness Week (AAAW06) and was hosted by John Maples, MP for Stratford upon Avon.

A total of 150 guests attended including many who helped to make AAW06 so successful by running events countrywide, together with doctors, nurses, members of industry and MP's. Speeches were given by John Maples, Rosie Winterton, Minister of State for Health, Dr Richard Schilling, Consultant Cardiologist/Electrophysiologist and Arrhythmia Alliance Executive Committee, Mike Yates, Programme Manager-Arrhythmia and Sudden Cardiac Death at the Department of Health and Trudie Lobban, Trustee of Arrhythmia Alliance.

Once again it was a wonderful opportunity to raise awareness and all speeches were very well received. It's good to know that we have the continued support from the Minister, Rosie Winterton and Mike Yates from the DoH as well as many MPs in order that we can maintain focus especially with regard to Chapter 8 of the National Service Framework.

Feedback has been excellent from all concerned and proves why it is so important that the Arrhythmia Alliance continues to raise awareness, diagnosis and treatment of cardiac arrhythmias.

Copies of the speeches and photos of the event can be found on www.arrhythmiaalliance.org.uk and www.aaaw.org.uk

FORTHCOMING EVENTS 2007

Cardiovascular Patient and Carer Event Friday 9th February 2007, Molineux Centre, Wolverhampton

SADS UK Patient Support Seminar, Bristol Royal Infirmary, April 21st 2007

British Cardiovascular Society Annual Scientific Conference, June 4th to 7th 2007, Glasgow SECC

Third Arrhythmia Awareness Week 11th – 17th June 2007.
Organised by STARS, CMA and SADS UK. For information see: -
www.stars.org.uk/aaaw

Heart Rhythm Congress, Hilton Birmingham Metropole Hotel 30 October - 1st November 2007

STARS Conference, Birmingham Metropole Hotel, 1st November 2007

SADS UK Conference, Birmingham Metropole Hotel, 1st November 2007

If you would like to become a member of the Heart Care Partnership UK apply overleaf.



**APPLICATION TO BECOME A MEMBER OF
THE HEART CARE PARTNERSHIP UK**

AFFILIATED TO THE BRITISH CARDIOVASCULAR SOCIETY

**Please return to: Susannah Gray, HCP (UK), 9 Fitzroy Square, London,
W1T 5HW**

REPRESENTATIVE NAME:

ADDRESS:

TELEPHONE NO:

EMAIL ADDRESS:

A BRIEF OVERVIEW OF YOUR ORGANISATION'S WORK:

MEMBERS OF THE HEART CARE PARTNERSHIP WILL RECEIVE INFORMATION ON
MEETINGS, TRAINING COURSES AND EDUCATION AND INFORMATION SERVICES

- Please tick this box if you are happy for your information to be given to the
British Cardiovascular Society for use when sending information on cardiac
related issues

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FREE TO USERS**