



# BACPR Annual Conference 2019

*'Cardiovascular Disease and Multimorbidity'*

East Midlands Conference Centre  
3rd and 4th October 2019



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**THURSDAY 3rd OCTOBER 2019**

Registration opens from 9.00am

**Session 1: Chairs: Sally Hinton & Dr Aynsley Cowie**

10:00-10:05	<b>Housekeeping Opening – Why Multi-Morbidity?</b>	<b>Dr Simon Nichols</b> <i>Senior Research Fellow at Sheffield Hallam University &amp; BACPR Scientific Officer</i>
10:05-10:10	<b>Welcome From BACPR And President Handover</b>	<b>Dr Scott Murray</b> <i>Consultant Cardiologist at Royal Liverpool University Hospital &amp; BACPR President</i> <b>Prof Susan Dawkes</b> <i>Edinburgh Napier University</i>
10:10-10:35	<b>Keynote: Fast Forwarding Disruptive Prevention To Rewind Unhealthy Futures</b>	<b>Dr Paddy Barrett</b> <i>Consultant Cardiologist at Blackrock Clinic, Dublin, Ireland</i>
10:35-11:00	<b>Determinants Of Uptake, Completion And Outcomes In Multi-Morbid Patients Attending Cardiac Rehabilitation</b>	<b>Patrick Doherty</b> <i>Chair in Cardiovascular Health and Director of the BHF National Audit of Cardiac Rehabilitation at the University of York</i> <b>Alex Harrison</b> <i>Research Fellow/Statistician BHF National Audit of Cardiac Rehabilitation University of York</i>
11:00-11:10	<b>Comfort Break</b>	
11:10-11:35	<b>Coal-Face Cardiogeriatrics: Optimising Multi-Morbidity In Acute Cardiology Patients</b>	<b>Dr Shuli Levi</b> <i>Consultant Physician in Cardio-Geriatric Medicine at Imperial College Healthcare NHS Trust</i>
11:35-12:00	<b>The Role Of Exercise Therapy In Cardio-Oncology</b>	<b>Dr Malcolm Walker</b> <i>Consultant Cardiologist, Clinical Lead University College London Hospitals</i>
12:00-12:25	<b>Dietary Management Of Type 2 Diabetes: Myths And Facts?</b>	<b>Dr Nicola Guess</b> <i>Lecturer in Nutrition at Kings College London</i>
12:25-12:35	<b>Panel Discussion And Questions To All Presenters</b>	
12:35-13:40	<b>Lunch And Networking, Stands And Posters</b>	
13:00-13:30	<b>Symposia - Sanofi</b>	

**Session 2: Chairs: Dr Scott Murray & Jo Hayward**

13:40-14:05	<b>Heart Failure Update 2019</b>	<b>Dr Simon Williams</b> <i>Consultant Cardiologist at Wythenshawe Hospital and Chair of the British Society for Heart Failure</i>
14:05-14:30	<b>Saving Heart And Minds Together: New CVD Prevention Ambitions For England</b>	<b>Prof Jamie Waterall</b> <i>National Lead for Cardiovascular Disease Prevention &amp; Associate Deputy Chief Nurse at Public Health England</i>
14:30-14:50	<b>New Researcher Development Fund Proposals</b>	<b>Finalist 1</b> <b>Finalist 2</b> <b>Finalist 3</b>
14:50-15:45	<b>Healthy Break, Stands And Posters</b>	
15:00-15:40	<b>Workshop – NACR</b>	
15:00-15:40	<b>Moderated Posters</b>	



**Session 3: Chairs: Prof Susan Dawkes & Alison Allen**

15.45-16.10	Cardiologist's Kitchen	Dr Ali Khavandi <i>Consultant Interventional Cardiologist, Royal United Hospitals NHS Foundation Trust</i>
16:10-16:35	Groove Is In The Heart: Optimising Music Applications In Cardiac Rehabilitation	Prof Costas Karagheorghis <i>Divisional Lead for Sport, Health &amp; Exercise Science at Brunel University</i>
16:35-17:20	Interactive Case Studies In CR	Dr Joseph Mills <i>BACPR Past President</i>
17.30-18.00	BACPR AGM	

**THURSDAY EVENING EVENTS**

19:30-20:00	Drinks Reception	
20:00-22:00	Gala Dinner And Prize Giving	
22:00 – late	Disco	

**FRIDAY 4th OCTOBER 2019**

07:00	Walk / Run	
From 08:30	Day delegate registration	

<b>Session 4: Chairs: Gillian Farthing, Simone Meldrum &amp; Sally Hinton</b>	<b>Session 5: Chairs: Sheona McHale &amp; Ceri Roberts</b>
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Digital Innovation in Cardiac Rehab Workshop 09:00 – 10:15	Oral Abstracts 09:00 – 10:15
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10:15-10:45	Healthy Break	
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**Session 6: Chairs: Dr Hayes Dalal & Dr Aynsley Cowie**

10.45-10.50	Award For Best Oral Abstract	Dr Scott Murray <i>Consultant Cardiologist at Royal Liverpool University Hospital &amp; BACPR President</i>
10.50-11.15	Breathlessness In COPD And Chronic Heart Failure	Prof Sally Singh <i>Professor of Pulmonary and Cardiac Rehabilitation at Coventry University</i>
11:15-11:40	Integrating Pharmacy In To The Cardiac Rehabilitation Pathway	Dr Rani Khatib <i>Consultant Pharmacist in Cardiology and Cardiovascular Research at Leeds Teaching Hospitals NHS Trust, and The University of Leeds</i>
11:40-12:00	Combining Prevention And Rehabilitation With Cardiology Sub-Specialisation – What Are The Barriers To Change?	Dr Reza Aghamohammadzadeh <i>Cardiology Registrar and Academic Clinical Lecturer in Cardiology at the University of Manchester</i>
12:00-12:25	Implementing The Nhs Long-Term Plan: How Do We Achieve 85% Uptake?	Sally Hughes <i>Head of Health Services Engagement British Heart Foundation</i>

12.25-13.35	Lunch And Networking, Stands And Posters	
12:45-13:15	Symposium - Astra Zeneca	
12:35-13:15	Workshops	



<b>Session 7: Chairs: Prof Susan Dawkes &amp; Dr Carolyn Deighan</b>		
13:35-14:00	<b>HDL, LDL And Triglycerides; The Good The Bad And The Ugly</b>	<b>Prof Handrean Soran</b> <i>Consultant Physicians and Endocrinologist, Manchester University Hospital NHS Trust</i>
14:00-14:20	<b>Designing Interventions For Multimorbid Populations: Involving The End User</b>	<b>Dr Helen Speake</b> <i>Exercise Psychology Research Fellow at Sheffield Hallam University</i>
14:20-14:40	<b>Exercise Referral Schemes – Access, Adherence And Multimorbidity</b>	<b>Dr Coral Hanson</b> <i>Research Fellow, Cardiovascular Health Theme at Edinburgh Napier University</i>
14:40-15:00	<b>Delivering A Specialist-Generalist Rehabilitation Model In Practice</b>	<b>Dr Aynsley Cowie</b> <i>Consultant Physiotherapist in Cardiology at University Hospital Crosshouse, NHS Ayrshire and Arran</i>
15:00-15:25	<b>Care After Resuscitation</b>	<b>Dr Thomas Keeble</b> <i>Consultant Cardiologist Senior Research Fellow Anglia Ruskin School of Medicine</i>
15.25-15.30	<b>Closing Remarks And Evaluation</b>	

Visit [www.bacpr.com](http://www.bacpr.com) for further information on registration, travel and accommodation.



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