Dear BANCC member

This is my last letter as Acting President, and as I look back on the past two years I can reflect on what have been both great successes and a rocky road for nurses in cardiovascular care. With a change of Government we have entered an era of uncertainty and have seen posts come under threat, and organisational change affecting almost every one of us. What an accolade then to be able to report that despite times of uncertainty we are well represented on a BCS Working Group on Acute Cardiac Care, that will publish and present at this year’s BCS Annual Conference a document that vocally supports the role of our Cardiovascular nursing teams and in particular in Acute Cardiac Care. Watch out for this at the BANCC session if you are attending – details in the newsletter on pages 6-7.
President’s letter continued

You will already be well aware that elections for the new BANCC Council are well underway and we will be announcing the names of the newly elected Council members at the BANCC Annual General Meeting on 14th June at the BCS Annual Conference. We have some movement as a result in the existing Council and I will move on to become Past President for a year. Helen Cox will be stepping down as Ordinary Council member and Andrea Manley will step up to the role of Treasurer whilst we lose Imelda Sotto, who has provided exceptional support to the team as Treasurer for the past two years. Scott McLean will take over as President with Catriona Jennings as President Elect. The Association will have a presence at the Conference – if you are attending please come along to our joint stand with the British Journal of Cardiac Nursing and make yourself known, and please do come along to the AGM (see page 8).

I am also sorry to say that we have lost Shai Davies, who has represented the interests of the British Heart Foundation at Council meetings, and is due to be replaced by Karen Sweeney as the co-opted BHF member. We look forward to continuing to strengthen our working relationships with other professional groups with an interest in cardiovascular nursing and are developing a strong collaboration with the Royal College of Nursing.

Council have had a busy time on behalf of the membership and we are as always very keen to engage our membership in the work of the Association. Please do look out for e-mails asking you to get involved. Contributing to the development of NICE Guidance, national work such as that of the Cardiovascular Coalition, and representing the interests of Cardiovascular Nurses in the development of health policy and practice are exceptional opportunities for development and are circulated to the membership – do consider putting yourself forward, it is both great experience and an eye-opener! We have been involved in the development of the new NICE guidance for stable angina, due to be released at the BCS Annual Conference, as well as updates to the heart failure guidance, with which some of you will be very familiar.

We continue to work on the development of a research network, in Scott McLean’s capable hands as he takes on the Presidency in June. We have been fortunate to be able to co-opt Christi Deaton, Professor of Nursing from the University of Manchester, to help us take forward the development of our research work and many of you will be aware of Christi’s leading role in the European Cardiovascular nursing arena. Christi is the immediate Past Chair of the Council on Cardiovascular Nursing and Allied Professions (CCNAP) of the European Society of Cardiology.

We are set to undertake a review of the much lauded BANCC competencies, and I will be taking a lead on co-ordinating that work on behalf of Council. If you would like to review the competencies published in January 2004, please follow this link http://www.bcs.com/pages/page_about.asp?PageID=337 to have a look and please do send your comments to us at bancc@bcs.com.

If you would like to get involved with any work, please do contact BANCC. We are always keen to hear from members. Please do consider writing a contribution for your newsletter.

And finally…. It’s been a busy but rewarding couple of years; I will be delighted to pass the President’s baton over to Scott at this year’s AGM. The role of Past President is a support role and whilst I shall continue to work for the Association as a Council member for another year and as a member in the future, I have enjoyed the limelight for quite long enough. Over to Scott….

Best wishes,

Jan Keenan
Acting President/Honorary Secretary, BANCC
It’s often the tradition in these things to pay warm and glowing tributes to an outgoing Officer. I can say however, in all sincerity, that BANCC owes a debt of gratitude like none other to Jan. Jan stepped into the position of Acting President in unplanned and unforeseen circumstances and has done a sterling job of keeping Council together and focussed on the challenges described above. We will miss Jan’s wise head and I for one will be keeping her phone number ready to hand.

As ever, in difficult times it is important for us to identify and capitalise on opportunities. Under Professor Keith Fox’s presidency we have seen BCS embrace an inclusive approach with and between Affiliated Groups like ours. We must use this opportunity to further increase our influence and impact in Cardiovascular care.

I am honoured to be incoming President of your Council. I intend to work hard on your behalf and look forward to even more success for our organisation.

Scott McLean
Incoming BANCC President
Officers

Jan Keenan  Outgoing Acting President/Honorary Secretary  June 2009 – June 2011
Current Role: Consultant Nurse in Cardiac Medicine, John Radcliffe Hospital
Areas of special interest: Cardiac nursing

Scott McLean  Incoming President  June 2011 – June 2013
Current Role: Divisional Nurse – Circulatory, Respiratory and Metabolic Sciences Division, Barts and the London NHS Trust, The Royal London Hospital
Areas of special interest: Acute Coronary Syndromes and chest pain management

Catriona Jennings  Incoming President Elect  June 2011 – June 2013
Current Role: Cardiovascular Specialist Research Nurse, Department of Cardiovascular Medicine, Imperial College London
Areas of special interest: Preventive Cardiology, smoking cessation, behaviour change and psycho-social health

Imelda Sotto  Outgoing Treasurer  June 2009 – June 2011
Current Role: Senior Clinical Nurse Specialist, London Chest Hospital
Areas of special interest: Heart failure

Andrea Manley  Incoming Treasurer  June 2009 – June 2011
Current Role: Clinical Practice Educator for Cardiology, Royal Brompton Hospital
Areas of special interest: Cardiology

Honorary Secretary and Junior Secretary to be announced at BANCC AGM

Junior Treasurer: election to take place later on in 2011.

Ordinary Members

Helen Cox  June 2009 – June 2011 (second term)
Current Role: Senior Lecturer in Cardiac and Critical Care Nursing; University of the West of England
Areas of special interest: Predominately specialised in cardiac care over the last 20 years, teaching and research interests include cardiac and pre-hospital care, telemedicine and heart failure. Other areas of interest which have developed are managing critically ill patients both in high dependency and general ward settings.

Jacqueline Hunt  June 2010 – June 2012 (second term)
Current Role: Community Heart Failure Specialist Nurse, South Downs Health NHS Trust. (Also part time Cardiac Research Nurse at Eastbourne District General Hospital).
Areas of special interest: Heart failure with a specific interest in developing the care of cardiac patients on general medical wards and ECG interpretation.

Current Role: Consultant Nurse in Cardiology, University Hospital Lewisham
Areas of special interest: Chest pain assessment, acute coronary syndrome, cardiac rehabilitation and prevention
Sheena Vernon  
June 2009 – June 2011 (first term)  
Current Role: Adult Congenital Heart Disease Nurse, Bristol Royal Infirmary  
Areas of special interest: Adult congenital heart disease

**Co-opted Members**

Karen Sweeney  
Current Role: British Heart Foundation representative.

**Cardiovascular Nursing Research Lead – Professor Christi Deaton**  
Current Role: Professor of Nursing, School of Nursing, Midwifery & Social Work, University of Manchester, Central Manchester NHS Foundation Trust.

**Other external organisation** – to be agreed

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**How To Contact BANCC**

All council members can be contacted by email: bancc@bcs.com

For any administrative queries or information requests, please contact:

Azeem Ahmad  
Affiliates Coordinator  
BANCC  
c/o The British Cardiovascular Society  
9 Fitzroy Square  
London  
W1T 5HW

Direct Tel: 020 7380 1918  
General Tel: 020 7383 3887  
Email: bancc@bcs.com
PROGRAMME
British Association for Nursing in Cardiovascular Care
National Annual Conference and Annual General Meeting 2011

British Cardiovascular Society Annual Conference 2011,
Monday 13\textsuperscript{th} – Wednesday 15\textsuperscript{th} June 2011, Manchester Central

Please do pop by and visit our joint stand (Number 134) with the British Journal of Cardiac Nursing in the Exhibition Hall.

\textbf{N.B Please do also check on the day in the event of any last minute changes and also the BCS Annual Conference programme.}

### Monday 13 June 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Topic</th>
<th>Venue</th>
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<tbody>
<tr>
<td>13.00 – 14.30</td>
<td>Remote monitoring – paradigm shift or just another fad [Joint BSH/HRUK/BANCC session]</td>
<td>Charter 6</td>
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<td>\textbf{Chairs:} Suzanna Hardman (London) / Wyn Davies (London) \textbf{Talks:}</td>
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<tr>
<td></td>
<td>\begin{itemize} \item The technologies for remote monitoring of devices and rhythm management Speaker: \textbf{Prof John Morgan} \item The technologies for remote monitoring of heart failure Speaker: \textbf{Prof Martin Cowie} \item Evidence from systematic reviews of trials Speaker: \textbf{Prof John Cleland} \item Where is this going in the next 5 years? Speaker: \textbf{Ms Jillian Riley} \end{itemize}</td>
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### Tuesday 14 June 2011

<table>
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<tr>
<th>Time</th>
<th>Session Topic</th>
<th>Venue</th>
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<tbody>
<tr>
<td>12.00 – 13.00</td>
<td>\textbf{BANCC Annual General Meeting 2011 (Open to BANCC members only)}</td>
<td>Exchange Room 2</td>
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**Acute Cardiac Care**
[Joint BANCC/HCPUK/BCIS session]

**Chairs:** Dr Simon Ray and Mr Ken Timmis (HCPUK)

**Talks:**
- The pre-hospital 12-lead ECG: To send, or not to send
  Speaker: **Dr Scott McLean**

- The pre-hospital 12-lead ECG: To send, or not to send
  Speaker: **Ms Eileen Ferguson**

- The future of the UK CCU: BCS Working Group on Acute Cardiac Care
  Speaker: **Ms Jan Keenan**

- The future of the UK CCU: BCS Working Group on Acute Cardiac Care
  Speaker: **Dr Nick West**

- The future of UK Coronary Care Nursing
  Speaker: **Dr Ian Jones**

**Poster Session**

**Abstract category: Cardiovascular Nursing (75 – 80)**

<table>
<thead>
<tr>
<th>Abstract</th>
<th>Title</th>
<th>Author(s)</th>
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<tbody>
<tr>
<td>075</td>
<td>OPTIMISATION OF MEDICAL THERAPY AFTER CARDIAC RESYNCHRONISATION: A NURSING OPPORTUNITY NOT TO BE MISSED</td>
<td>Russell, SJ, Wales Heart Research Institute</td>
</tr>
<tr>
<td>076</td>
<td>EXPANDING THE ROLE OF CARDIAC CARE UNIT NURSES TO REDUCE TIME TO TREATMENT FOR PATIENTS REQUIRING PRIMARY ANGIOPLASTY</td>
<td>Young, S, Royal Sussex County Hospital</td>
</tr>
<tr>
<td>077</td>
<td>SCREENING FIRST DEGREE RELATIVES FOR HYPERTROPHIC CARDIOMYOPATHY: 12 MONTH EXPERIENCE OF A CARDIOGENETICS NURSE SERVICE</td>
<td>Finch, S, University Hospital of Wales</td>
</tr>
<tr>
<td>078</td>
<td>FIRST YEAR EXPERIENCE OF A DEDICATED ‘RADIAL LOUNGE’ FOR PATIENTS UNDERGOING ELECTIVE PERCUTANEOUS CORONARY PROCEDURES</td>
<td>Brewster, S, London Chest Hospital</td>
</tr>
<tr>
<td>079</td>
<td>REMAINING CLOTHED FOR RADIAL DIAGNOSTIC CORONARY ANGIOGRAPHY – AN IMPROVEMENT IN THE PATIENT JOURNEY</td>
<td>EVE, S, Salisbury District Hospital</td>
</tr>
<tr>
<td>080</td>
<td>PPCI: IS THERE A ROLE FOR THE ACS ANP?</td>
<td>Oriolo, V, Bristol Heart Institute University Hospital Bristol NHS Foundation Trust</td>
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</tbody>
</table>

This year the posters are embedded into the themed clinical/translational science sessions with the final 30 minutes of each session dedicated to viewing and discussing the posters led by multiple pairs of discussants to encourage lively debate. Join in and look out for the prize winning poster in each category.
British Association for Nursing in Cardiovascular Care
Annual General Meeting

14th June 2011
12:00 – 13:00

Exchange Room 2
Manchester Central

AGENDA

- Welcome – Jan Keenan, Acting President / Honorary Secretary
- Review of the Past Year – Jan Keenan
  - Collaborations – CCNAP, Nurse Led Clinics, RCN, JBS3
  - NICE guideline contributions
  - Communications
- BANCC Workstreams (updates from workstream members)
  - BANCC Study Day
  - Website
  - Marketing
  - Consolidation of present and formation of new external relationships
  - Cardiovascular nursing research
- Treasurer’s Report – Imelda Sotto, Treasurer
- BANCC Elections 2011 – Results Jan Keenan
- Plans for the future – Scott McLean, Incoming President
- Any other business

Please try to join us for the AGM. This is your opportunity to help to steer the direction of the development of BANCC.
The partial update of the NICE clinical guideline 108 chronic heart failure was published in August 2010. This partial review was undertaken to update the recommendations of the original 2003 guideline. The update focused on the key areas of diagnosis, pharmacological treatment, monitoring and rehabilitation.

The full guideline and quick reference guide are available on [http://www.nice.org.uk/guidance/index.jsp?action=byID&o=13099](http://www.nice.org.uk/guidance/index.jsp?action=byID&o=13099) and you are advised undertake your own review. Our brief summary highlights the key changes. These include:

- Diagnostic tools – use of Brain natriuretic peptides (BNP)
- Treatment algorithms – 1st & 2nd line drug therapy, device therapy and discharge planning
- Cardiac rehabilitation
- Palliative care.

**Diagnostic Tools**

Emphasis is placed on establishing the diagnosis. A detailed diagnostic algorithm is included in the guidance. The importance of taking a thorough clinical history and examination to help identify aggravating factors is stated and to ensure a differential diagnosis has been considered. Within primary care, investigations to evaluate possible aggravating factors or alternative diagnoses would include:

- Electrocardiography (ECG), if readily available
- Spirometry /peak flow - if readily available,
- Chest radiography
- Bloods tests (FBC, U&E, eGFR, Glucose, Liver enzymes, thyroid function tests and Lipids.

For patients with no history of previous Myocardial Infarction (MI) or Acute Coronary Syndrome, serum natriuretic peptide should be measured (B-type natriuretic peptide (BNP) or N-terminal pro-BNP (NTproBNP). The level of the peptides (high or raised) will dictate whether the patient requires fast track echo and review by a heart failure specialist either within 2 weeks or 6 weeks. High, raised and normal levels are clearly described in the treatment algorithm.

Clinicians are reminded that BNP and NTproBNP can be altered by other factors including drugs and co morbidity (please refer to full guideline).

For patients with a history of Myocardial Infarction or Acute Coronary Syndome, BNP or NTproBNP levels are not required, and the patient should have a fast track echo and a review by a heart failure specialist within 2 weeks.

**Treatment Algorithms – First and Second Line Drug Therapy and Device Therapy**

The drug treatment algorithm due to left ventricular systolic function has been divided into 2 broad areas – first and second line therapy.

**FIRST LINE THERAPY** optimises doses of ACE inhibitor and Beta-blockers licensed for heart failure by starting low and titrating upwards at short intervals (suggests every two weeks) to maximum tolerated doses or doses within the evidence based studies. The guideline goes on to state this therapy does not require specialist initiation or supervision and can be safely undertaken in primary care. Clear guidance is included on timing of electrolyte blood measurement at initiation and during titration. Patients with on-going symptoms despite achieving optimal doses should
receive a specialist assessment for consideration of second line and all other recommended therapy.

**SECOND LINE THERAPY** includes introduction of Aldosterone antagonist licensed for heart failure especially in moderate to severe heart failure (NYHA III-IV) or following an MI in the past month. ARBs (angiotensin II receptor antagonists) licensed for heart failure are recommended as an alternative first line treatment when patients have intolerable side effects to ACE inhibitor or as an option for second line treatment. For people of African or Caribbean origin specialist advice is recommended to consider Hydralazine in combination with a nitrate for moderate to severe heart failure (NYHA III-IV). This combination may also be considered as 1st line therapy if the patient is intolerant of both an ACE inhibitor and ARB.

Heart Failure symptoms which continue following the introduction of first and second line therapies plus diuretics may be suitable for more invasive procedures. This may include cardiac resynchronisation therapy (CRT) as detailed in NICE technology appraisal 120 and an ICD in line with NICE technology appraisal 95 ‘Implantable cardiovascular defibrillators for arrhythmias’.

**Cardiac Rehabilitation**
Cardiac Rehabilitation is advised in supervised group exercise-based programmes and gives guidance about ensuring patients are stable taking into consideration contra-indications such as uncontrolled arrhythmias. This is an important recommendation for future service planning to include people with heart failure within cardiac rehabilitation programmes.

**Discharge Planning and Long Term Planning**
The guideline advises patients should be discharge home when their condition is stable and treatment is optimised. Timing of the discharge should consider both patient and carer wishes and the level of community support available. Discussing prognosis with patients and carers is highlighted together with ensuring opportunities to discuss living with uncertainty and sudden death. These discussions may occur at all stages of care. Access to healthcare professionals within heart failure with palliative care skills is encouraged. Recognition of anxiety and depression is also highlighted signposting professionals to the NICE clinical guideline 90 ‘Depression in adults with a chronic physical health problem’.

The guideline builds on the original NICE clinical guideline 5 ‘Chronic heart failure’ highlighting specific areas within the update. There remains inequity of access to key guidance such as BNP testing, early access to echocardiography, provision of heart failure specialist nurses, cardiac rehabilitation and palliative care in some parts of the country. The latest guidance will assist commissioners and local champions in addressing these gaps in heart failure services.

**Annie MacCallum**
Head of Gloucestershire Heart & Diabetes Service
NHS Gloucestershire
Gloucestershire Care Services

And

**Wendy Churchouse**
Clinical lead CHD & heart failure, Education for Health
Single technology appraisal on Bivalirudin for the treatment of ST-segment elevation myocardial infarction

Valentino Oriolo, Acute Coronary Syndrome Advanced Nurse Practitioner, Bristol Heart Institute is currently representing BANCC on the single technology appraisal on Bivalirudin for the treatment of ST-segment elevation myocardial infarction. A written summary from Valentino will feature in a future BANCC newsletter.

Proposed Single Technology Appraisal Vernakalant for the treatment of recent onset atrial fibrillation

Suzanne Wood, Cardiac Rehabilitation Nurse, Suffolk Community Health Community Cardiac Service attended a scoping workshop in February. We await a decision on whether an appraisal will be conducted. This will be determined in part by the comments on the draft remit and draft scope, and by discussion of these issues at the scoping workshop.

Multiple Technology Appraisal (MTA): Implantable cardioverter defibrillators for the treatment of arrhythmias and cardiac resynchronisation therapy for the treatment of heart failure (review of TA95 and TA120)

Jenny Tagney, Consultant Nurse in Cardiology, University Hospitals Bristol NHS Foundation Trust and Jane Butler, Consultant Nurse Heart Failure, Barts and The London NHS Trust, are representing BANCC on this MTA. Jane Butler will be attending the scoping workshop on 7 June 2011.

Proposed Single Technology Appraisal (STA) Ivabradine for the treatment of chronic heart failure

Imelda Sotto Senior Clinical Nurse Specialist, London Chest Hospital and Jacqueline Hunt, Community Heart Failure Specialist Nurse, South Downs Health NHS Trust are representing BANCC on this STA and will be attending the scoping workshop on 27 June 2011.

British Journal of Cardiac Nursing Update

The British Journal of Cardiac Nursing’s new monthly newsletter provides updates on professional and clinical news, announcements from key cardiac nursing organizations, and information about training, product news and important events. Could you please forward this to your colleagues in BANCC?

To read the newsletter, paste this link into your browser: http://mark-allengroup.msgfocus.com/q/119DSRDiQaUP/wv
I was fortunate to receive funding from the BANCC Professional Development Support Fund to attend the Spring meeting on Cardiovascular Nursing in Brussels in April. I joined 435 nurses from a variety of European countries for a 2 day programme consisting of key note lectures, abstract presentations, workshops, 'How to ' sessions as well as a wide range of poster presentations.

The areas covered in the conference covered arrhythmias and ICD's, guideline updates, hypertension, prevention, developments in the cardiac cath lab and heart failure.

The conference was opened by Professor Vardas, ESC President Elect, who gave the keynote lecture on guidelines for arrhythmias particularly focusing on devices in heart failure and management of atrial fibrillation. Innovations and developments in nursing care and an economic perspective on e-health were discussed in subsequent sessions, particularly pertinent with the development of remote monitoring devices and telemedicine.

AF management was the topic area of a subsequent session covering issues such as stroke reduction and the potential impact of newer anticoagulation agents, the role of ablation, and issues around exercise training for these patients.

The emerging concepts in the catheter lab was a very topical session covering issues such as paediatric interventional cardiology for congenital heart disease, TAVI, Mitra clip and hybrid procedures.

The second day was opened by Professor Komajda, President of the ESC, who outlined the differences in cardiovascular care and disease across Europe. This topic was developed over the subsequent session leading onto how we can prevent heart disease. Prevention also featured in a subsequent session, featuring nurse-led initiatives. A useful session on the ALS guidelines was presented with the rationale and evidence presented for the changes to the guidelines made last year. Post resuscitation care was also discussed.

The choice on the programme meant I could not get to the debate and sessions on ICD's, advances in heart failure, involving patients and the public in the development of healthcare, and how to run a nurse-led clinic.

The abstract sessions covered heart failure and acute coronary syndromes. There were a variety of presentations reflecting local work, leading to questions and discussion. There were also a wide range of poster presentations, including 2 moderated poster sessions, which generated a lot of discussion and interaction between delegates. There were 2 workshops made by Industry partners, focusing on closure devices and telemonitoring. It was a good opportunity to review the range of products on the market with an opportunity for some 'hands on' practice.

I was very impressed by the quality of the programme and the range and expertise of the speakers who presented. It was nice to mix with European colleagues and get an understanding on where our work in the UK is innovative and driving nursing forward, and where we need to learn from others. There was also a social event in the City Hall on the Friday night which helped those international discussions continue.

The meeting next year will be in Copenhagen and I would encourage nurses to consider submitting an abstract and / or attending this excellent nursing conference.

Sarah Young  
Nurse Consultant Cardiology  
Brighton and Sussex University Hospitals NHS Trust
Don’t miss the opportunity to share your knowledge and network with cardiovascular nurses across Europe.

The 11th Annual Spring Meeting on Cardiovascular Nursing took place in Brussels on 1 - 2 April, co-hosted by the Council on Cardiovascular Nursing and Allied Professions (CCNAP) of the European Society of Cardiology and the Belgian Working Group for Cardiovascular Nursing.

This year’s meeting was a great success with over 400 delegates attending over the 2 days. To access presentations and news from the meeting, please visit: 
http://www.escardio.org/congresses/cardio-nursing-2011/Pages/welcome.aspx

As a member of BANCC, you are automatically eligible for CCNAP membership (which is free): http://www.escardio.org/communities/councils/CCNAP/Pages/membership.aspx

The 12th Annual Spring Meeting on Cardiovascular Nursing event takes place 16-17 March 2012, Copenhagen. Please put this date into your diaries and encourage colleagues to attend.

Further details about next year’s meeting will be made available later on this year. http://www.escardio.org/communities/councils/CCNAP/Pages/welcome.aspx

Finally, may I remind you about the…..

Call for Positions in the Council on Cardiovascular Nursing and Allied Professions (CCNAP)

Applicants must be CCNAP members. For further details, please visit: http://www.escardio.org/communities/councils/CCNAP/Pages/CCNAP-Positions-Vacant.aspx

The deadline for applications is 12 June 2011.

Professor Christi Deaton
BANCC Cardiovascular Nurses Research Lead
(Immediate) Past Chair of CCNAP

Are You Holding A Study Day?

Would you like to have copies of the British Journal of Cardiac Nursing available?

The Journal have a limited number of back issues available through the year for educational events. To register your request, send details (date, location, number attending and clinical area) to: bjcardn@markallengroup.com

The Mark Allen Group can also supply information on subscribing and writing for the journal.
RCN Fellowships are awarded to UK registered nurses who have made an outstanding contribution to the advancement of nursing and/or health care. This year Fellowships were awarded to: Tara Bartley, an Advanced Nurse Practitioner, Queen Elizabeth Hospital, Birmingham, an acknowledged leader in the field of cardiothoracic surgery.

BANCC congratulates Tara on this great achievement! With the kind permission from the RCN, we include below 2 photographs featuring Tara and all the RCN Fellows.

From left to right are: RCN President, Andrea Spyropoulos, RCN Chair of Council, Sandra James, Tara Bartley and RCN Chief Executive & General Secretary, Dr Peter Carter.

All the new RCN Fellows from left to right are: RCN Chair of Council, Sandra James, RCN President, Andrea Spyropoulos, Tara Bartley, Janet Davies, Liz Henderson, Professor Sarah Hewlett, Tom Sandford, Professor Debbie Tolson and RCN Chief Executive & General Secretary, Dr Peter Carter.
Applications are open for the next student intake for the Masters Degree, Postgraduate Certificate and related courses in Preventive Cardiology. This programme is open to hospital and primary care physicians, nurses, dieticians, physiotherapists, physical activity specialists, psychologists, occupational therapists, pharmacists and any other health professionals with an interest in cardiovascular disease prevention.

The Masters Programme is full time (one year) or part time (two years). The PGCert is 9-months part-time. All courses include both a taught and practical component, supported by the on-line interactive virtual learning environment. This enables students to interact with tutors and fellow students, whilst out of College, and access the comprehensive learning resource (e.g. podcasts of all lectures, interactive formative tasks, debate groups, simulated clinical cases). A short tour of the virtual learning environment is available on the website.

The MSc programme additionally includes a clinical practice component and a research component. Clinical placements are completed across key areas of preventive cardiology practice e.g. cardiovascular risk reduction clinics, cardiac rehabilitation, diabetes and heart failure, providing the opportunity for students to be immersed in the practicalities of current service delivery, rather than only learning about the theory.

Students will also be offered the option of a Postgraduate Diploma course (9-months full-time or 18-months part-time) which does not require a research dissertation, and it’s also possible to complete any of the stand alone specialist modules as short courses.

Contact Anna Wheeler (Course Coordinator)
Tel: +44 (0)20 7594 3416 / Email: preventive.cardiology@imperial.ac.uk

Website: http://www1.imperial.ac.uk/medicine/teaching/postgraduate/taughtcourses/preventivecardiology/

About a year ago last April, a very close friend lost their one year old son to neuroblastoma. This is a cancer of the nerve cells called neural crest cells. These cells are involved in the development of the nervous system and other tissues in children.

Ever since George’s death, Andy and Clare have been raising funds for the Bristol Royal Hospital for Children, to improve the clinical environment for both children and family when affected but such unfortunate events in life.

I therefore decided to help out with their mission and managed to get a place on the London Marathon 2011. After four and a half months of hard training, I was able to cross the finish line on April 17th 2011 after 04:34:33 agonising hours. Although extremely challenging at times, the thought of George kept me going. It was great and overwhelming feeling of achievement when crossing the finish line.
Although the fundraising is still ongoing, I currently have raised just over £3,000. There is still one month left to go so if you are feeling generous, please visit my just giving page on www.justgiving.com/valentino-oriolo

Thank you and take care

Valentino Oriolo
Acute Coronary Syndrome Advanced Nurse Practitioner
Bristol Heart Institute

New Website for Nurse-led Clinics

One of the problems with setting up and running a nurse-led clinic is the sense that someone somewhere may be doing something similar and you don't know about it. A new community site has been started in the UK for nurses involved in running their own clinics. The free to access site is run by nurses and aims to be a community forum for information and sharing best practice.

Richard Hatchett, a cardiac nurse lecturer at London South Bank University and former BANCC council member, has been involved. He says the site offers the chance to view video clips on a range of relevant topics, message others across the world for information and access a growing library of abstracts related to nurse-led clinics. ‘It's free to access and hopefully will allow nurses to share best practice and prevent them from re-inventing the wheel. We also have a bookstore of relevant texts related to this growing field of practice to help in professional development. Anything that makes the task of offering a measurably effective service easier has to be a good thing.’ The site is conveniently titled

http://www.nurseledclinics.com/
**ELS – teaching ALL children how to save a life**

The Resuscitation Council (UK) has joined forces with the British Heart Foundation to lobby the Government. They would like to see Emergency Life Support (ELS) skills, including CPR and first aid, become a mandatory part of the school National Curriculum.

The Resuscitation Council (UK) would like BANCC’s help to achieve this important objective. The more people that participate, the more likely they are to succeed. Full details can be found at [http://www.resus.org.uk/pages/ELSstmt.htm](http://www.resus.org.uk/pages/ELSstmt.htm)

**What can you do?**

1). Write to your local MP to tell them how important this is and ask them to raise the issue with the Education Minister.

Very simple to do by visiting: [http://www.resus.org.uk/pages/ELSstmt.htm](http://www.resus.org.uk/pages/ELSstmt.htm) to download a template letter that you may wish to use.


3). Spread the word – forward details to friends and family; go to the Resuscitation Council (UK) Facebook site and share the link with your contacts. If you are a member of any interested groups, ask them to lobby local MPs and the Secretary of State for Education direct.

4). Please email the ELS Project Group at ELS2011@live.co.uk to let them know what you have done and which constituency your MP represents. Please note that the Group will be unable to reply to emails sent to this email address.

**Mechanical Reperfusion for STEMI: From Randomized Trials to Clinical Practice**

As a leading cause of death in developed countries, ST-segment elevation myocardial infarction and its various treatment options are of great concern to those in the cardiology field. This text presents evidence-based chapters that supply clinicians with real-life situations and strategies to treat STEMI patients more effectively and at a quicker pace.

A highly illustrated and fully referenced source, this comprehensive text provides both a scientific background and a practical overview of the invasive management of STEMI patients.

**Publisher:** Informa Healthcare

For more information please click on: [http://www.researchandmarkets.com/product/7d6a38/mechanical_reperfusion_for_stemi_from_random](http://www.researchandmarkets.com/product/7d6a38/mechanical_reperfusion_for_stemi_from_random)
**Forthcoming events/courses**

**BCS Annual Conference 2011**  
13 - 15 June 2011, Manchester Central

For further information please visit the BCS website:  

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**Care Pathways 2011**  

This two day conference brings together the latest research in the field, internationally and from across the UK - as practical case studies and interactive sessions, in which leading practitioner will share their experience of implementing successful Care Pathways in Practice. Through a series of presentations this annual Care Pathways conference, supported by the European Pathway Association, provides delegates with important updates on developing effective Care Pathways.

For more information please call Stephen on 020 8541 1399,  
email stephen@healthcare-events.co.uk  
or visit [http://www.healthcare-events.co.uk](http://www.healthcare-events.co.uk)

25% discount available to current BANCC members. *Quote reference SB/Nurse/HCE25% in the ‘for office use only’ box on the booking form.*

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**Effective Nurse Director**  
22 June 2011, 20 Cavendish Square, London

This one day conference for current and aspiring Nurse Directors begins with a keynote presentation Janet Davies, *Director of Nursing and Service Delivery*, The Royal College of Nursing on the contribution of the Nurse Director and leading the drive for quality and productivity. This is followed with an update from the Royal College of Nursing on the importance of working together to lead change and dealing with the pressures of the current difficult economic climate.

For more information please call Stephen on 020 8541 1399,  
email stephen@healthcare-events.co.uk  
or visit [http://www.healthcare-events.co.uk](http://www.healthcare-events.co.uk)

25% discount available to current BANCC members. *Quote reference SB/Nurse/HCE25% in the ‘for office use only’ box on the booking form.*

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**National Prevention Meeting: Putting prevention first – the professional challenges**, 30 June - 1 July 2011, Imperial College London

For further information, please visit:  
[www.imperial.ac.uk/cpd/courses/subject/medical/puttingpreventionfirst](http://www.imperial.ac.uk/cpd/courses/subject/medical/puttingpreventionfirst)

Contact Anna Wheeler (Course Coordinator), Tel: 020 7594 3416,  
Fax: 020 7594 1317 or email preventive.cardiology@imperial.ac.uk
ESC Congress 2011
27 – 31 August 2011, Paris, France

For further information, please visit the ESC website:
http://www.escardio.org/congresses/esc-2011/Pages/welcome.aspx

Prevention and Management of Diabetes
19 – 21 September 2011, South Kensington Campus, Imperial College London

For further information, please visit:
http://www3.imperial.ac.uk/cpd/courses/subject/medical/preventiondiabetes
Contact: Stephanie O'Mahony, Tel: 020 7594 6882, Email: cpd@imperial.ac.uk

Heart Rhythm Congress 2011
2 – 5 October 2011, Hilton Birmingham Metropole

For further information, please visit the HRC website:
http://www.heartrhythmcongress.com/
Contact Tel: 01789 451 822, Email: info@heartrhythmcongress.org.uk

BACPR Annual Conference 2011
6 – 7 October 2011, Thistle Hotel, Brighton

For further information, please visit the BACPR website: http://www.bacpr.com
For all other enquiries, email: bacpr@bcs.com, Tel: 020 7380 1919

BCCA Annual Meeting 2011

Conference Organiser: Dr Alan Magee, Royal Brompton Hospital.
For further information, please contact CFS Events Ltd. Tel: 01438 751 519,
Email: wendy@cfsevents.co.uk. A dedicated conference website will open during 2011.
Watch this space!

12th Annual Spring Meeting on Cardiovascular Nursing
16-17 March 2012, Copenhagen, Denmark

Please put this date into your diaries and encourage colleagues to attend.
Further details about next year’s meeting will be made available later on this year.
http://www.escardio.org/communities/councils/CCNAP/Pages/welcome.aspx
Website Links

Internal website links:

- British Cardiovascular Society (BCS)  http://www.bcs.com/pages/default.asp
- British Association for Nursing in Cardiovascular Care (BANCC)  http://www.bcs.com/pages/page_affiliate.asp?pageid=315&newscatid=853

External website links:

Patient Related

- Arrhythmia Alliance  http://heartrhythmcharity.org.uk/
- Cardiac Risk In The Young  http://www.c-r-y.org.uk/index.htm

Professional Bodies

- British Heart Foundation  http://www.bhf.org.uk/
- Council on Cardiovascular Nursing and Allied Professions  http://www.escardio.org/communities/councils/CCNAP/Pages/welcome.aspx
- European Society of Cardiology  http://www.escardio.org/
- Irish Cardiovascular Nurses Association  http://www.incanursing.ie/
- Royal College of Nursing  http://www.rcn.org.uk/
- Royal College of Nursing Cardiovascular Nurses' Network  http://www.rcn.org.uk/development/communities/specialisms/cardiovascular_nurses
- Society for Cardiothoracic Surgery in Great Britain and Ireland - Nurses Page  http://www.scts.org/sections/nurses/index.html

Government Sites

  - Chief Nursing Officer bulletin  http://www.dh.gov.uk/en/Publicationsandstatistics/Bulletins/Chiefnursingofficerbulletin/index.htm
- National Institute for Health and Clinical Excellence  http://www.nice.org.uk/
- NHS  http://www.nhs.uk/Pages/homepage.aspx
- NHS Evidence  http://www.evidence.nhs.uk/
- National Patient Safety Agency  http://www.npsa.nhs.uk/
- National Specialised Commissioning Group  http://www.ncg.nhs.uk/

Journals

- British Journal of Cardiac Nursing  http://www.cardiac-nursing.co.uk/
- British Journal of Cardiology  http://bjcardio.co.uk/
- British Journal of Primary Care Nursing  http://www.bjpcn.com/
- Heart Online  http://heart.bmj.com/

Other Cardiac Related Sites

- Cardio & Vascular Coalition  http://www.bhf.org.uk/cvc/
- Her at Heart  http://www.hertheheart.org.uk/
- Nurse Led Clinics  http://www.nurseledclinics.com/

Disclaimer: The British Association for Nursing in Cardiovascular Care (BANCC) is not responsible for the contents or reliability of any of the above external website links, and do not necessarily endorse the views expressed within them. We can not guarantee that these links will work all of the time and have no control over the availability of any linked sites. A link listing should not be taken as an endorsement of any kind, but is provided to help you find additional information quickly and easily. If you notice that any of the above weblinks (internal or external) are broken, it would be helpful to inform BANCC at bancc@bcs.com and we will make further enquiries.
British Journal of Cardiac Nursing is keen to hear from experienced or aspiring writers with ideas on topics of relevance to nurses in cardiovascular care.

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- Referees are independent, specialist and drawn from both academia and clinical practice
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To discuss your ideas please contact the editor, Vicqui Stuart-Jones: bjcardn@markallengroup.com or phone 020 7501 6769
or the consultant editor, Jenny Tagney: Jenny.Tagney@UHBristol.nhs.uk

Full instructions for authors are available online at www.cardiac-nursing.co.uk/contribute.shtml
BANCC NEWSLETTER

Got an idea?
Doing something innovative?
New ideas or initiatives?
Areas of good practice?

SHARE YOUR VIEWS WITH YOUR COLLEAGUES

This is your newsletter and needs your contributions.
We always welcome features from our readers.

Please email your news to: bancc@bcs.com

Or write to:
Azeem Ahmad,
Affiliates Coordinator,
BANCC,
c/o British Cardiovascular Society,
9 Fitzroy Square,
London, W1T 5HW

Direct Tel: 020 7380 1918, General Tel: 020 7383 3887

….and finally!

If you know of a colleague who would like to join BANCC, please contact Azeem Ahmad now at: bancc@bcs.com, tel: 020 7380 1918 for further details. Or alternatively, please point them in the direction of the BANCC website: http://www.bcs.com/bancc

Just a reminder, if your contact details have changed (esp. email as most communications from BANCC are carried out electronically), it is important to inform BANCC as soon as possible, so we can amend your records on our central membership database, to ensure that you still receive communications from us.