

**Preparing to Be a Consultant: The Final Straight**  
**Thursday 7<sup>th</sup> November 2019 and Thursday 9<sup>th</sup> January 2020**  
**09:00 – 17:00**

**Crowne Plaza London Kings Cross, 1 Kings Cross Road, London WC1X 9HX**

**Fast paced programme providing powerful development sessions to enable participants to develop and plan for success in future leadership roles**

In this increasingly competitive jobs market, interview technique and leadership skills have become more important for cardiology trainees. No one doubts your clinical skills, but can you run a department and ensure the best patient care? How will you adapt to new financial or regulatory pressures, and how will you convince the interview panel that you're up to the job? The BJCA are proud to offer this FREE two-day, "soft skills" course. Delivered by Clarity Leadership and supported by Bayer, this course will deliver the knowledge and skills you need to be successful and competitive in the consultant interview and in every day practice. Attend the two days for maximum benefit, as they build your skills, however, they are designed so that they can stand alone as single day deliveries; day 2 starts with a "Think Link", a reminder of the key aspects from day 1. So it serves as a great refresher for people who attended on day 1 and gives valuable insight to those who were not initially present.

Places are available to trainees within 18 months of CCT, who are BJCA members and who have not already attended this course. We expect this event to fill up very quickly, so please email [Lynn.harrell.ext@bayer.com](mailto:Lynn.harrell.ext@bayer.com) to register your interest.

This invitation is open to members of healthcare professions only and no provision can be made for partner or spouse attendance. The arrangements made for and the contents of this meeting are in accordance with the ABPI Code of Practice and the internal policies of Bayer Pharmaceuticals UK.

## **Your Faculty on 7 November**

### **Professor Simon Ray**

Simon graduated from Bristol University in Pharmacology in 1980 and in Medicine in 1983. After HO jobs in Bristol and medical SHO and registrar jobs in Glasgow and Edinburgh he completed his MD as a BHF funded research fellow with Prof Henry Dargie in Glasgow.

He continued cardiology training at the Freeman in Newcastle before moving to CTC Liverpool as a senior registrar in 1992. From 1994-95 Simon was an interventional cardiology fellow in Vancouver BC before appointment as consultant cardiologist in Manchester in 1995.

His clinical and research interests have focussed around valve disease, PFO, cardiac involvement in neuromuscular disease and more recently cardio-oncology. Simon was clinical director of cardiology at UHSM from 2006-2009, President of the British Society of Echocardiography 2007-2009, Vice President of the BCS for clinical standards from 2010-2013 and President of the BHVS from 2013-2016. He is currently joint cardiology lead for Getting It Right First Time and President (2018-2021) of the British Cardiovascular Society.

Simon was appointed Honorary Professor of Cardiology in 2011.



**Dr Afzal Sohaib**

Dr Afzal Sohaib is a Consultant Cardiologist at Barking, Havering, & Redbridge University Hospitals NHS Trust and the Bart's Heart Centre in London. He completed a British Heart Foundation Clinical Research Training Fellowship at the International Centre for Circulatory Health at NHLI and continues to work with the team at NHLI. His research interests are in cardiac electrophysiology and devices. Dr Sohaib trained in cardiac electrophysiology and device implantation at the Hammersmith Hospital, Harefield Hospital, and the Royal Brompton Hospital. He has EHRA Certification in Cardiac Electrophysiology and EHRA Certification in Pacemakers and ICDs.

He has an interest in improving teaching and training in cardiology, and improving the quality of delivering cardiovascular care. He is a former President of the British Junior Cardiologists' Association (BJCA) and a former member of the Council of the British Cardiovascular Society. He was part of a working group which helped to design a national set of standards for the seven day delivery of cardiovascular care.

He has served on the Specialty Advisory Committee for Cardiovascular Medicine at the Royal College of Physicians which designs and oversees the delivery of cardiology training in the UK. He is currently on the nucleus of the European Society of Cardiology's (ESC) Cardiologists' of Tomorrow initiative which supports young clinicians and scientists across Europe with an interest in cardiovascular diseases. For three years he directed the annual BJCA meeting "Cardiology to the Core" and is involved in designing the programme for the ESC Congress. He is also a member of the ESC Council for General Cardiology Practice and ESC Council for Stroke.

**Your Faculty on 9 January****Dr Christopher McAloon**

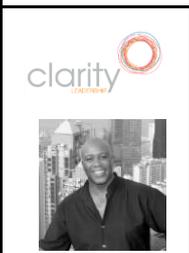
Dr Christopher McAloon was appointed as a Consultant Cardiologist with a specialist interest in cardiac imaging in October 2019 at Gloucestershire Hospitals NHSFT. Chris trained in the West Midlands rotation and undertook sub-speciality training in advanced echocardiography and cardiac MRI. During his training he undertook a PhD in heart failure and cardiac resynchronisation therapy at the University of Warwick focusing on the role of vascular biomarkers. Chris has presented internationally and published several peer-reviewed articles, culminating in him winning the NIHR and RCP trainee excellence award in clinical research in 2015. Chris also has an interest in medical education having completed a post graduate certificate in medical education.

**Your Facilitators throughout****Claire Scott**

An executive coach and management consultant with extensive experience and a particular focus on personal effectiveness, management and development in the workplace, Claire is passionate about developing people and teams and thrives on enabling them to grow and fulfil their potential. Claire has a calm, open and relaxed communication style. She brings a unique cocktail of sensitivity, empathy, no-nonsense challenge and fun to her coaching and development relationships. Prior to developing as a Coach, Claire spent 15 years in management and leadership in the NHS. In that time she successfully worked in operational and strategic roles within acute and mental health.

**Earl Lynch**

Earl has an exceptional facilitation style reaching clients and delegates in a very special way, "touching" them at both an intellectual and emotional level, creating a long lasting positive learning experience. As a keen storyteller, sportsman and experienced coach, Earl often shares some of his life experiences in the learning environment in order to enable people to relate to business relevance situations; he also specialises in making his courses, workshops and conferences a lot of fun. Earl has a multi-talented background: in the past he has enjoyed an assortment of diverse roles ranging from Professional Musician, HR Manager, Training and Development Manager to holding Non-Executive Director roles within NHS Trusts.



In conjunction with the BJCA and Clarity Leadership, this development course has been fully funded by Bayer

Date of Preparation: September 2019

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## Programme Summary

### Pre Work :

Participants will have the option of completing an individual psychometric assessment that provides many insights including their personal strengths, development opportunities and communication style. An individual report will be generated that can be used to support their development via in depth discussion and coaching and maximise the development day.

### Day 1

Hear from Professor Simon Ray on what interview panels are looking for in successful candidates. Take the opportunity to listen to Consultant Cardiologist Dr Afzal Sohaib on hints and tips on the interview process.

### Personal Accountability and The Private Victory

First you must master managing self. This session enables participants to look at how they lead themselves. It explores the power of having a personal mission statement, how to develop and communicate your personal brand in a compelling way.

### Personal Impact and The Public Victory

Key to success is creating a strong, first and on-going impression in order to engage with others. In understanding and better managing our interactions with them, we can be more in control, feel more confident and create a positive impact. This session focuses on your ability to influence and persuade others, how to achieve synergy with others and create solutions.

### Interview Practice and Experience

A practical session for participants, enabling them to build on their learning from earlier in the day and practice their interview skills

### Day 2

Dr Chris McAloon recently appointed Consultant Cardiologist, shares his experience of appointment and the first year in the role.

### Psychometric Profile Analysis

This session focuses on working with participants to analyse and understand their own profile of the Thomas International PPA Psychometric Tool.

### Leadership – What will your Style and focus be?

Leaders get people moving, they galvanise and mobilise others. This thought-provoking session explores the Five Exemplary Leadership Practices, offering insight into the relationships and behaviours successful leaders practice and develop and how you can enhance your leadership style.

### Application to your role:

Following on from the workshop, participants will be offered a 30-minute focused coaching session in order to review progress against personal action plans from the workshop. The session may also be used to further analyse the personal behavioural assessment.

#### DISCLOSURE REQUIREMENTS

You are aware that Bayer or one of its affiliated companies, will publish (including through the relevant industry designated platform) any transfer of value as defined in the ABPI Code of Practice for the Pharmaceutical Industry (the "Code") including costs of accommodation, travel and congress registration or participation fees or the like which Bayer has covered under the sponsorship. If you have consented to such publication on an individual basis, the transfer of value will be published in that way, mentioning your name, address and, if applicable, unique identification number (e.g. professional code). If you have not consented to such individualised publication, or if you choose to revoke your consent, the transfers of value will be published in an anonymised way i.e. on aggregate level. You authorise Bayer and its agents to collect, store and process your personal data, whether such personal data will be disclosed on an individual or on an anonymized aggregate level as set out above for such purpose and you consent to your personal data being transferred to the members of the Bayer Group for such purpose (including for the avoidance of doubt outside the European Economic Area (EEA)). Bayer will treat your personal data in compliance with applicable data protection legislation.

#### DATA PROTECTION:

To take account of the new data protection laws, Bayer plc is updating its processes on how it communicates electronically with Healthcare Professionals to keep them up to date with Bayer's products, services and events. If you are a UK Healthcare Professional and would like to receive such communications from Bayer, please visit Bayer's HCP Registration Website at <https://www.hcpregistration.bayer.co.uk>

#### PRIVACY NOTICE:

Bayer plc is the data controller of any personal data that you provide for the purposes of registration for the meeting (e.g. name, organisation, title, contact details). LCW Consulting is engaged by Bayer plc to organise and administer meetings on its behalf. The personal data that you provide will be used for the purpose of organising and administering the meeting, including by sending electronic reminders, and for the purpose of customer relationship management and record keeping in accordance with Bayer's compliance requirements. For more information on how Bayer holds your personal data <http://www.bayer.co.uk/en/bayer-meetings-privacy-statement.php>

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