



British Junior Cardiologists' Association



# HeadStart in Cardiology

**BJCA Autumn Meeting 2019**

Saturday 19<sup>th</sup>- Sunday 20<sup>th</sup> October

Royal Free Hospital, London

All the knowledge and practical tips you need for the early years in cardiology training

This meeting is open to all junior cardiologists. It covers all aspects of what you need to know as a core cardiology trainee (ST3-ST5)

Starting cardiology training can be a daunting process. There are a great number of practical skills to acquire, including angiography, pacing and echocardiography. In addition, emergencies can be a challenge to manage and learn at the same time.

We aim to cover all the essential procedures and emergencies you will encounter during your early cardiology training.

The course is now in its 5<sup>th</sup> year and has received universally excellent feedback to date.

It is FREE to attend but we ask that you register in advance. Register at:

[www.bjca-headstart2019.eventbrite.co.uk](http://www.bjca-headstart2019.eventbrite.co.uk)

# Agenda



**BJCA**  
Tomorrow's Cardiologists

BRITISH JUNIOR  
CARDIOLOGISTS'  
ASSOCIATION

**08:30 Registration**  
**09:00 Introduction**

## Session 1 – Angiography *Chair: Dr Niket Patel*

**09:10 Research in cardiology**  
**09:40 Radial and femoral access**  
**10:20 Panel Q&A: How to avoid and deal with complications from radial and femoral access**

**10:40 Coffee Break**

**11:00 Coronary angiography**  
**11:40 Panel Q&A session**  
**11:50 Graft cases**  
**12:10 Complications of angiography**  
**12:30 Panel Q&A: Dealing with cath lab emergencies**

**12:50 Lunch**

## Session 2 – Cardiac Emergencies *Chair: Dr Roby Rakhit*

**13:50 Cardiac tamponade**  
**14:30 Congenital emergencies**

**15:20 Coffee break**

**15:40 Aortic dissection**  
**16:00 Acute heart failure**  
**16:30 Panel Q&A: Call the cardiology registrar! Dealing with common on-call scenarios**

**17:30 End of session**

## Session 3 – Arrhythmia & Pacing *Chair: Professor Andre Ng*

**09:00 Pacemaker implantation**  
**10:00 Temporary pacing wire insertion**  
**10:20 Panel Q&A session**

**10:30 Coffee break**

**11:00 Pacemaker complications**  
**11:20 Pacemaker programming**  
**11:50 Atrial fibrillation**  
**12:30 Supraventricular tachycardia**  
**12:50 Panel Q&A session**

**13:00 Lunch**

## Session 4 – Echocardiography *Chair: Dr Sanjay Bhandari*

**13:40 Emergency echocardiography**  
**14:20 LV function**  
**14:50 Panel Q&A**

**15:00 Coffee break**

**15:20 Aortic valve cases**  
**15:40 Mitral valve cases**  
**16:00 Infective Endocarditis**

**16:30 Close**

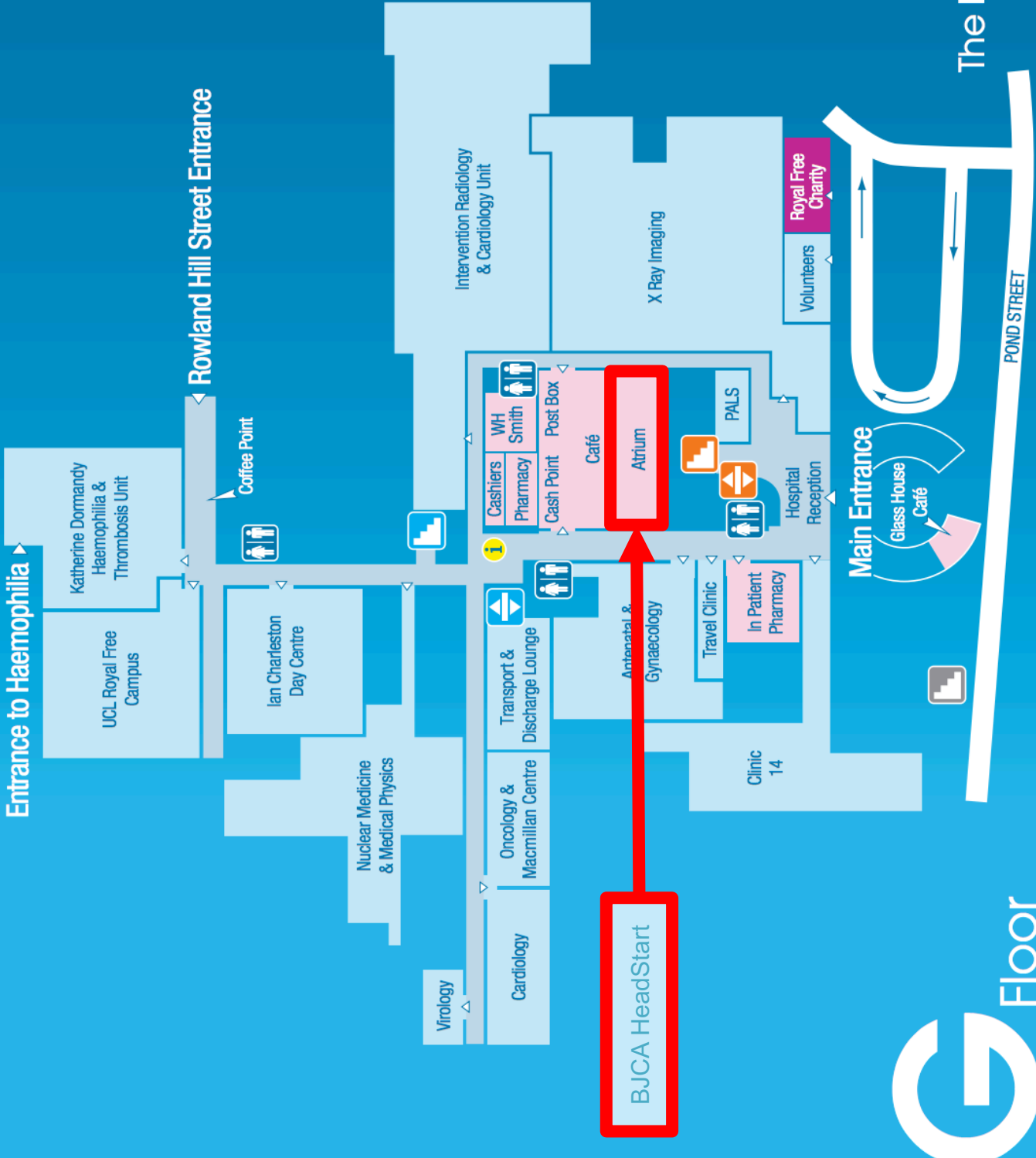
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Entrance to Haemophilia ▶

Rowland Hill Street Entrance

- Key**
- Main Lifts to Wards
  - Pond Street Lifts to Outpatients
  - Main Stairs to Wards
  - Pond Street Stairs to Outpatients
  - Toilets
  - Information Point
  - Entrances
  - Clinics/Wards
  - Amenities



BJCA HeadStart

Atrium

**G** Floor

The Royal Free Hospital

POND STREET