



BRITISH JUNIOR
CARDIOLOGISTS'
ASSOCIATION

7 April 2020

British Junior Cardiologists' Association – National Essay Prize 2020

Dear All,

The BJCA Starter Committee is pleased to announce its **National Essay Prize 2020**. Submissions are welcome from all pre-registrar level trainees with an interest in a potential career in cardiology. This year's title:

“Can too much exercise be dangerous – what can we learn from the athlete's heart?”

In addition to the award of a **national prize**, the winning essay will be published in full in the **British Journal of Cardiology**. The winner will be guaranteed a place at the **BJCA Starter Day in October 2020 in London**.

Entries must be limited to 1200 words, up to 15 references and a maximum of two figures/tables. Please submit your essay to bjca@bcs.com by **17:00 Sunday 31 May 2020 (PDF or Word format)**. Entries will be judged anonymously, although please include your full name and place of work on your submission email for notification purposes.

For further questions please contact bjca@bcs.com. We look forward to receiving your entry.

Good luck!

The BJCA Starter Committee

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